SUMMARY PROCEEDINGS



The Carter Center March 1-2, 2001

Funded by: Conrad N. Hilton Foundation Lions Clubs International Foundation

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ACRONYMS

ADRA Adventist Development and Relief Agency

CBM Christoffel Blindenmission

CDC U.S. Centers for Disease Control and Prevention

CMA Christian Mission Aid

FGD Focus group discussions

GOS Government of Sudan

HKW Helen Keller Worldwide

IOTA Institut d'Ophtalmologie Tropical d'Afrique

ITI International Trachoma Initiative

KAP Knowledge, attitudes, and practices

MOH Ministry of Health

NGO Non-Governmental Organization

NPPB National Program for Prevention of Blindness

NR Northern Region (Ghana)

OLS Operation Lifeline Sudan

SAFE Surgery, Antibiotics, Face Washing & Environmental Improvement

SRC Swiss Red Cross

SF SightFirst

SSI SightSavers International

STCP Sudan Trachoma Control Program

TCC The Carter Center

TCP Trachoma Control Program

TRA Trachoma Rapid Assessment

UNICEF United Nations Children's Fund

UWR Upper West Region (Ghana)

WHO World Health Organization

WVI World Vision International

EXECUTIVE SUMMARY

The second annual Program Review for Carter Center-assisted trachoma control programs was held on 1-2 March 2001 at The Carter Center's headquarters in Atlanta. The objectives of the Program Review were to assess the status of each national trachoma control program, identify challenges encountered in creating national trachoma control programs, assess impediments and problems in program implementation and discuss solutions, as well as to promote sharing and standardization of information. This year, special attention was given to health education and surveillance for trachoma control programs. Discussions on the "F" and "E" components of the SAFE strategy were highlighted during this Review.

National and regional trachoma control program coordinators representing the ministries of health of Ethiopia, Ghana, Mali, Sudan and Yemen attended. In addition, The Carter Center's resident technical advisors and country representatives from Ethiopia, Mali, Niger, Nigeria and Sudan participated in the meeting, along with trachoma program coordinators from Ghana and Sudan (OLS/S). Representatives of the Lions Clubs International Foundation (LCIF), Conrad N. Hilton Foundation, Pfizer Inc, the International Trachoma Initiative (ITI), Helen Keller Worldwide (HKW), World Vision International, the U.S. Centers for Disease Control and Prevention (CDC), Michigan State University and Emory University also participated. The ITI team brought together their representatives from Vietnam, Tanzania and Mali, as well as their U.S. headquarters. This year, for the first time, presentations were given on the new trachoma control programs in Yemen, Nigeria, and the OLS/S program of Sudan.

Each country program did a half-hour long presentation on their current status and plans for the next year, followed by one hour of discussion by all participants. While each of these national programs is being assisted by The Carter Center (among other partners), the national coordinators presented information on their entire programs. The presentations included epidemiological data and sociological studies on trachoma in each country, and an update on the status of program interventions being undertaken. Plans for monitoring and evaluation of the programs and program partnerships with other ministries and international development organizations were also presented. Discussions included successes, constraints, and challenges of the country programs as well as program goals and objectives for the year 2001. At the end of the meeting, the participants made recommendations for each of the countries on how to improve their trachoma control efforts and how to strengthen the "F" and "E" components of the SAFE strategy being implemented by the national program. Participation in the second annual Program Review for Carter Center-assisted trachoma control programs was intelligent, lively and enthusiastic, reflecting the progress and optimism of participating trachoma control programs.

Environmental activities to improve access to water and household sanitation.

¹**SAFE** is the acronym for:

Surgery to correct trichiasis

Antibiotics to treat inflammatory trachoma (topical tetracycline or oral azithromycin)

Face and hand washing to prevent transmission of chlamydia, and

INTRODUCTION

Sudan Trachoma Control Program

Presented by Professor Mamoun Homeida, National Coordinator, Sudan Trachoma Control Program, and Ms. Kelly Callahan, Resident Technical Advisor, The Carter Center/Kenya, which serves areas of Sudan supported by the OLS/S consortium. The Carter Center assistance to Sudan is supported by the Lions-Carter Center SF Initiative.

Assessment

8.eid(i)-13.ng trachomi has tradiionally been thought to be mi(i)-13.nly a problemihe north of Sudan, and its presence has been confirmed through prevalence surveys. However, recent surveys conducted under th(i)-13.s (i)-13.niiative, though still (i)-13.ncomlete, have shown trachomi to be a mijor problem (i)-19.n areas of southern Sudan also. In part(i)-19.cular, (i)-19.n the area around Malakal, Upper N State. Other evidence suggests that blinding trachoma is also present in areas of western and central Sudan.

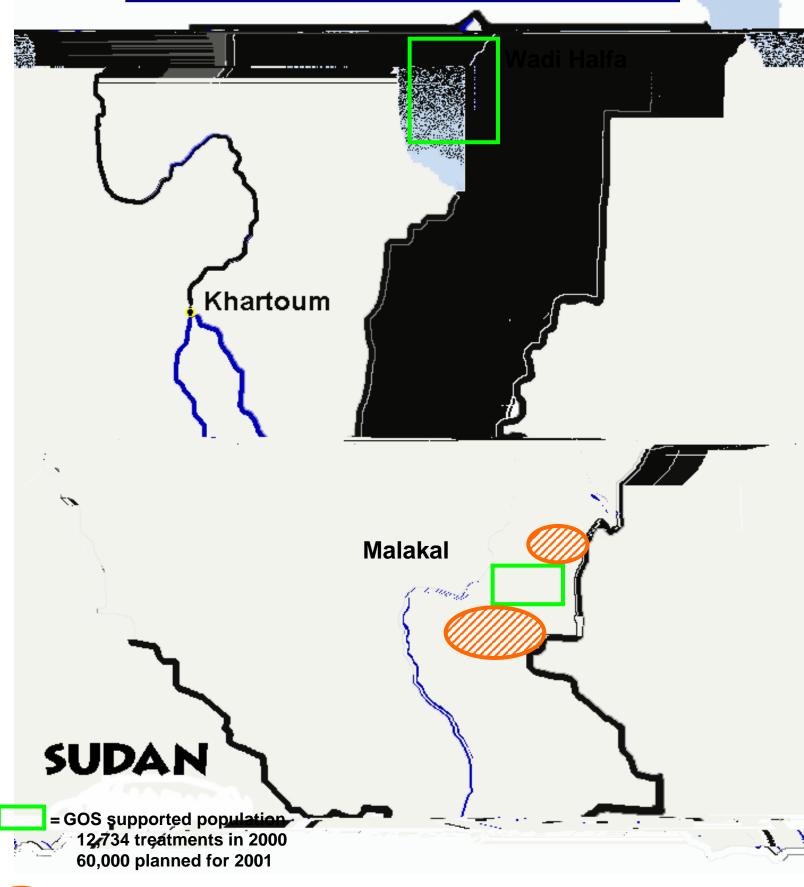
In May-July 1999, trachomia prevalence surveys (i)-19.n two states revealed remarkably high rates of disease (i)-19.n the north and south of Sudan. A survey of the area around Wad(i)-19. Halfa revealed TF/TI rates of 47% (i)-19.n 1-10 year olds, and TT (i)-19.n women 40 years of age and older of 4%. In Malakal, TF/TI (i)-19.n 1-10 year olds averaged 45%, while TT (i)-19.n women 40 and older averaged 25%.

So far, only anecdotal reports are ava(i)-19.lable from areas supported by the OLS/S consort(i)-19.um. One report of an assessment done (i)-19.n 2000 dur(i)-19.ng surag(h)-tip. Cahristooffel Blinden Mission

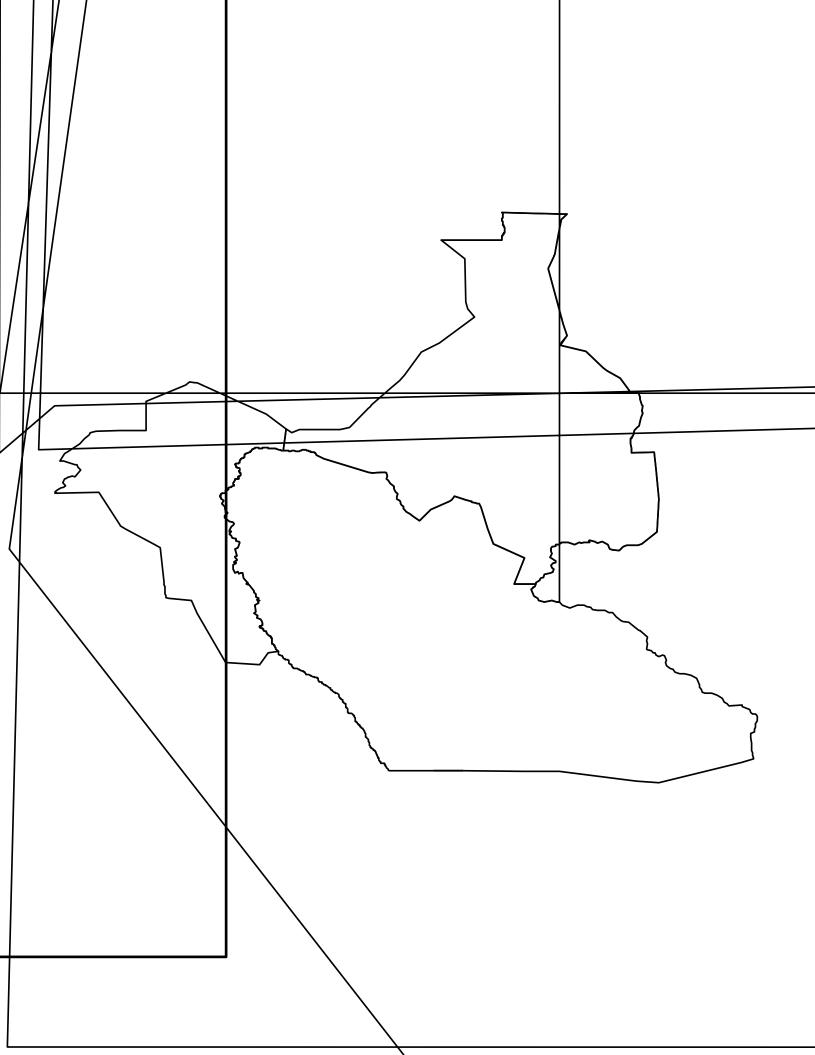
The program should conduct KAP studies to help refine health education messages and use the results to increase health education activities nationally.

The STCP should expand the extent of Zithromax distribution as quickly as possible.

Sudan Trachoma Control Program Program Intervention Areas 2000-2001



= OLS/S supported population
40,000 treatments planned for 2001



Ethiopia Trachoma Control Program

Presented by Dr. Tewodros Assefa, Regional Prevention of Blindness Team Leader for Trachoma Control Program, Amhara Region. The Carter Center assistance to Ethiopia is supported by the Lions-Carter Center SF Initiative.

Assessment

Blindness in Ethiopia (population 64,000,000) is the highest in the world. The prevalence of blindness is estimated to be about 1.5% (> 900,000 persons) and six million Ethiopians have low vision. The two major causes of blindness are cataract (40%) and trachoma (30%). Trachoma is a major public health problem in all regions of the country. Although a nationwide survey has not yet been done, the MOH estimates about one million Ethiopians live with trichiasis (TT) and ten million have active trachoma (TF/TI). In 1981, a WHO-sponsored survey suggested that trachoma was the leading cause of blindness in the country (42% of blindness due to trachoma). Other regional studies have also shown that trachoma is a major health problem in various parts of the country. In January 2000, a study conducted with World Vision International (WVI) in three districts of North Shoa and Oromia, in the Amhara Region, found a TF/TI prevalence of 53.2% in children under 10 years and TT prevalence of 2.3% among those 15 years and older. A similar study conducted in the Gurage Zone with ORBIS International showed a prevalence of TF/TI of 53.3% among children 1-6 years of age and a TT prevalence of 3%. In 2000, the Amhara



Niger Trachoma Control Program

Presented by Mr. Salissou Kane, Resident Technical Advisor, The Carter Center/Global 2000, Niger. The Carter Center assistance to Niger is funded by the Conrad N. Hilton Foundation.

Assessment

National surveys in 1985 and 1989 found an overall prevalence of blindness of 2.2% in Niger. The major causes of blindness were cataract (45%), trachoma (25%), and glaucoma (22%). From 1997-1999, a national trachoma prevalence survey was conducted in eight departments, including the capital, Niamey. Findings indicated that 43.7% of children under 10 years old had TF/TI and 1.7% of women over 15 years old had trichiasis. The highest prevalences of trachoma were identified in the Zinder (TFTI 63%, TT 4%), Diffa (TFTI 55%, TT 1%), and Maradi (TFTI 46%, TT 3%) Departments (see map). Nationwide, an estimated 68,300 men and women are in need of trichiasis surgery.

A KAP survey was done in 1997, however it mainly focused on the S&A components of the SAFE strategy. A second KAP survey, focusing on the F&E components, was conducted in 2000.

Program Structure

Niger's National Blindness Prevention Program was established in 1987. A Trachoma Task Force was formed in 1999 by the Ministries of Health, Education, and Water & Social Developments. Representatives of nongovernmental partners, including The Carter Center, local Lions Clubs, Helen Keller Worldwide (HKW), Christoffel Blindenmission, the Niger Association for the Blind, African Muslim Agency, and WHO are also members of the committee.

Interventions

The national TCP initially has targeted 3 departments for trachoma control activities: Zinder, Diffa, and Maradi. Pilot trachoma control programs have begun in two districts of Zinder: Magaria (in 31 of approximately 400 villages) and Matameye (in 20 of approximately 400 villages). In addition, limited trachoma control activities have also begun in the Mirriah, Tanout, Goure, and Zinder Commune Districts of Zinder.

Hygiene Education, Face washing and Environmental Sanitation

Based on the results of the KAP surveys, flip-charts were created covering all aspects of the SAFE strategy. Following the development of these materials, 416 trachoma volunteers were trained and provided with the necessary support to conduct health education activities in 226 villages. In addition to these trachoma volunteers there are 258 integrated v

been trained in trachoma control education, expanding the current outreach efforts of the national TCP.

Beginning in October 2000, record books, which can be used by literate and non-literate village-based health volunteers, were distributed to aid in supervision. However, a routine method of supervision by district level health educators, has yet to be established. Along with

about the quality of those sessions, or what the audience learned. In response, we were all reminded that we have trade-offs between the quality of data and the time and energy required to collect those data. It is very important to avoid a situation in which a program spends all of its time and resources collecting high quality data rather than actually intervening. The indicators which were proposed at the 2000 program review (<u>Proceedings</u>, page 27) are intentionally simple, but are adequate for programmatic decision-making. The population will benefit more if TCPs intervene now and work at getting better, and more accurate, over time.

Recommendations

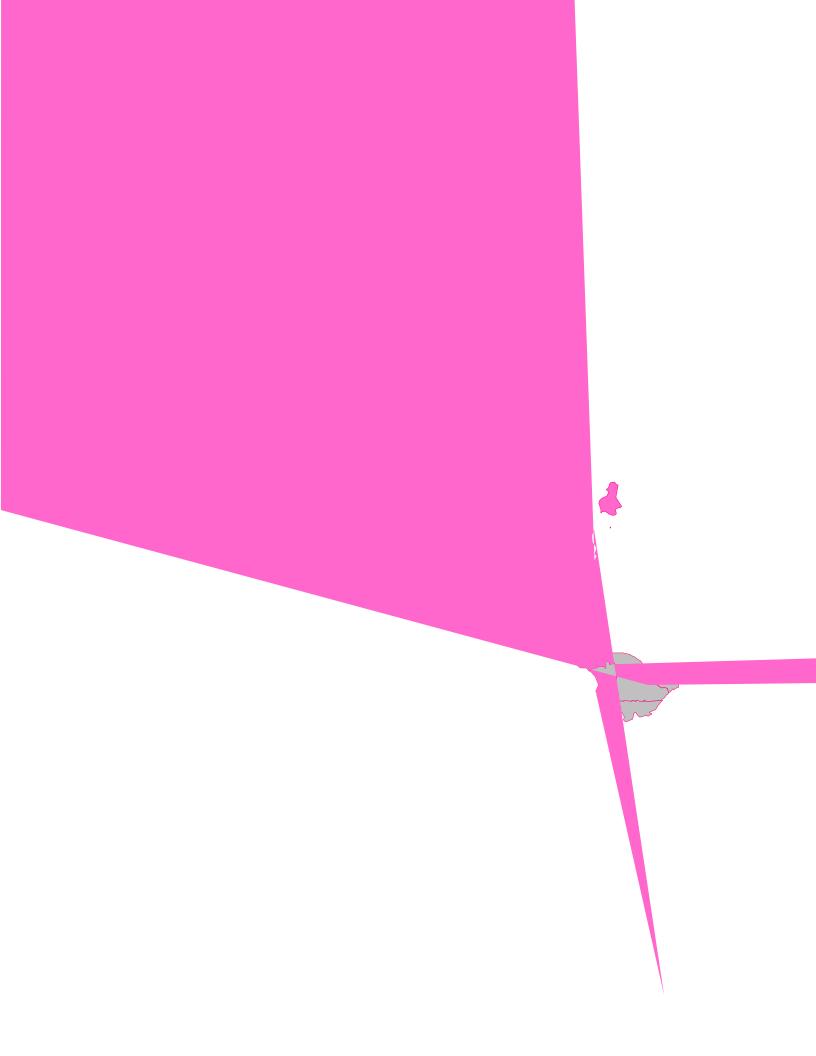
Develop an action plan with targets and benchmarks.

Use findings of the 2000 KAP survey to improve health education materials.

Train additional health care workers.

The Niger National Trachoma Task Force should agree upon a comprehensive and effective strategy for monitoring and evaluation.

Establish monitoring and surveillance systems for the program.



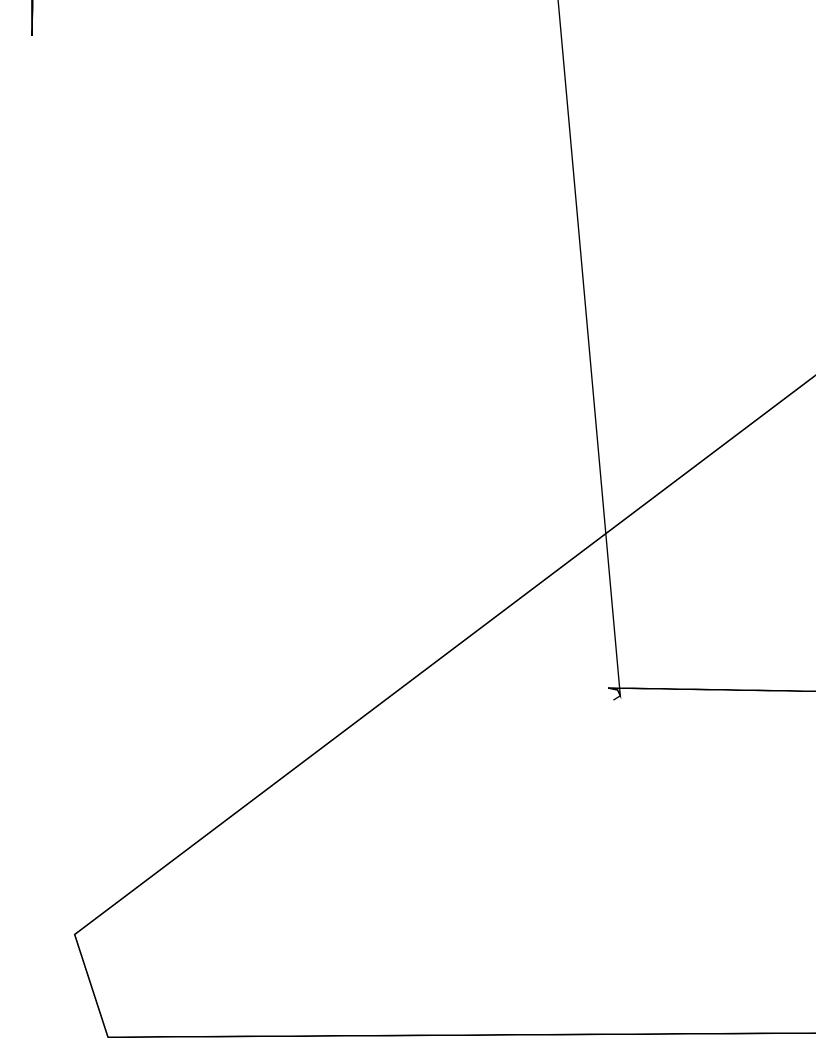


Table 1: Results for TF and TI for children of 10 years of age and below Results National Trachoma Survey, Niger

	Total Population				
	less than 11				
	Years	上	TF (%)	F	(%) L
Agadez	113,734	6,255	5.5	455	0.4
Diffa	62,854	34,444	54.8	19,988	31.8
Dosso	508,953	145,560	28.6	20,867	4.1
Maradi	691,020	315,796	45.7	94,670	13.7
Tillabery	811,187	224,699	27.7	27,580	3.4
Tahoua	589,775	194,626	33.0	1,844	4.1
Zinder	611,942	383,688	62.7	91,179	14.9
Niamey	221,618	16,400	7.4	665	0.3
NATIONAL	3,611,084	1,321,468	36.6%	257,248	7.1%

^{*} Population figures are taken from:

Projections Démographiques 1994-2025; Ministère du Développemant Social, de la Population, de Surveys based on a representative sample of rural areas in all regions. In Niamey City, sample la Promotion de la Femme et de la Protection de l'enfant; République du Niger based on selected poor neighborhoods.

Table 2: Results for Trichiasis (TT) for Women 15 Years and Older, and Estimations for Results National Trachoma Survey, Niger All Adults 15 Years and Older

		1 1 (%) among	II (#) Women
Women 15+ Men 15+	Total	Women	and Men*
92,949 90,638	8 183,587	%6'0	1,108
61,364 63,973	3 125,337	1.0%	827
377,037 383,304	760,341	%9'0	3,029
557,875 507,918	1,065,793	2.7%	19,634
472,825 435,748	8 908,573	1.0%	6,181
671,934 660,568	8 1,332,502	%8'0	7,137
548,775 559,741	1,108,516	4.1%	30,150
170,865 187,77	1 358,636	0.1%	233
2,953,624 2,889,66	1 5,843,285	1.7%	68,299
70,86£ 53,624		187,771 2,889,661 5,	187,771 358,636 2,889,661 5,843,285

assumed that there is no trichiasis in children under 15, however, clinically, trichiasis has been * It is estimated that prevalence of trichiasis in men is 1/3 of the prevalence in women. It is observed in children as young as 8 years in Niger. Population figures are taken from:

Surveys based on a representative sample of rural areas in all regions. In Niamey City, sample Population, de la Promotion de la Femme et de la Protection de l'enfant; République du Niger Projections Démographiques 1994-2025; Ministère du Développemant Social, de la based on selected poor neighborhoods.

TF%

Health Education

Trachoma

Ghana Trachoma Control Program

Presented by Dr. Maria Hagan, Head of Eye Care Secretariat & Dr. Daniel Yayemain, Trachoma Program Manager, Ghana. The Carter Center assistance to Ghana is funded by the Conrad N. Hilton Foundation.

Assessment

Cataract and glaucoma are the major eye problems in Ghana, followed by trachoma. Blinding trachoma is most prevalent in the hot and dry areas of the northern part of the country, especially in the Northern and Upper West Regions (NR and UWR). It is interesting to note that the Upper East Region, located next to the two trachoma-endemic regions, is relatively free of trachoma (and Guinea Worm), resulting probably from its geological configuration (increased water supply). A trachoma rapid assessment (TRA), using a modified WHO-methodology, conducted in the Northern and Upper West regions in July 1999, identified cases of active trachoma and trichiasis and helped to prioritize trachoma-endemic villages. In March 2000, The Carter Center assisted the Trachoma Control Program to conduct a prevalence study following WHO guidelines in both the UWR and NR, in areas identified by the TRA. The results of this study are summarized in Table 1.

In addition to the prevalence study, The Carter Center provided technical and financial support to conduct knowledge, attitudes and practices studies in the UWR (November-December 1999) and NR (July 2000) through household surveys, focus group discussions and community observations. The results of these studies were used during The Carter Center and ITI-sponsored program planning workshop in the NR in October 2000 and the training and health education workshops held in both regions in January 2001, in which district and regional plans for trachoma control were established.

Program Structure

The National Eye Care Program started in 1991 with the establishment of an Eye Care Secretariat and the appointment of a national coordinator. The Secretariat is responsible for all national prevention of blindness programs and reports to both the Institutional Care, and Public Health Directorates in the Ministry of Health. The broad objective of the program is to provide a comprehensive package of eye care services and increase delivery from 40% to 60% of the population by 2001. Currently, there are 75 eye care centers throughout the country, 40 ophthalmologists, and 190 ophthalmic nurses. There are also trained health and non-health workers (general medical practitioners, community nurses, community-based volunteers) in primary or basic eye health. In January 2001, a new national trachoma program manager, Dr. Daniel Yayemain, was appointed to oversee all trachoma activities in the country.

Interventions

The Ghanaian Trachoma Control Program is making improvements in implementing each component of the SAFE strategy.

Hygiene Education, Face Washing and Environment

Based on the results of the Training and Health Education Messages Development Workshop

and pre-tested in the field with the assistance of The Carter Center and the BBC World Service. The health education campaign will be launched in March 2001 in conjunction with the antibiotic distribution campaign.

Antibiotics

In April 2000, the Ghanaian application to the International Trachoma Initiative was approved, providing the country with 100,000 tablets of Zithromax and additional financial support for other components of the SAFE strategy and administrative support of the Eye Care Secretariat. A trial run of Zithromax was conducted in the UWR in February 2000 and the expected date for actual mass drug distribution is planned for March 2001. A training of Zithromax distributors is also planned for March.

Surgery

Currently, the program has trained 10 ophthalmic nurses and community-based TT surgeons. Trichiasis surgery instruments were donated by Christoffel Blindenmission (CBM) and the Swiss Red Cross (SRC). One hundred fifty trichiasis surgeries were performed in 2000. The program plans to increase the number of surgeries done in the next year.

Monitoring and Evaluation

In terms of monitoring and evaluation indicators, the program has selected the following indices to use in its program:

- % TF/TF (1-10 years)
- % TT (women 40 years)
- % TT (women < 40 years)
- % Endemic population treated with antibiotic
- % TT having received surgery
- % Communities with household toilets or covered latrines
- % Communities with household water source within 1 km

Objectives for 2001

Specific objectives include reducing TFTI by 50% and TT by 25% (i.e., perform 1000 TT surgeries). Other objectives are to strengthen technical and administrative capacity for Zithromax distribution and treat 100,000 people with Zithromax.

Discussion

The following points summarize the discussions of the Ghana Trachoma Control Progr8(a)-14.f1.2083 .8(a)-14ns

Recommendations

The Ghanaian TCP should:

Finalize health education materials for both trachoma-endemic regions and in all local languages, and <u>field test</u> them as quickly as possible

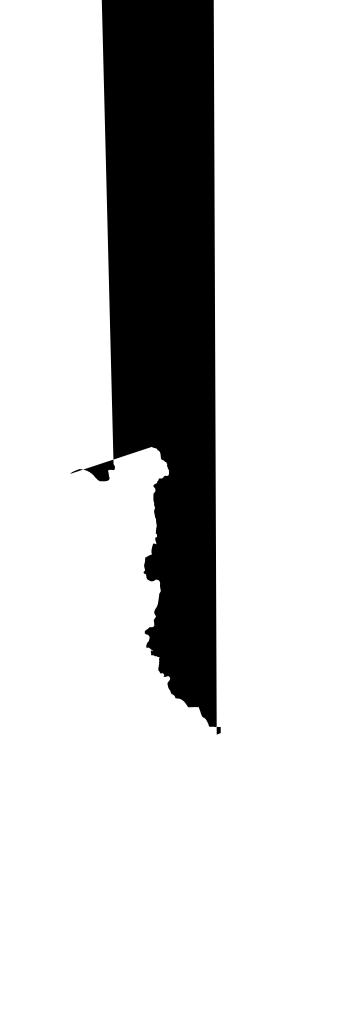
Begin program interventions in the UWR as soon as possible in <u>all endemic areas</u>, even in areas without Zithromax distribution

Develop a plan of action for the Northern Region

Develop line-listing of trachoma endemic villages in the UWR and NR

Provide NR line-listing to World Vision/Ghana to identify and prioritize villages to target for water supply improvement

Develop program objectives for the F and E component of the SAFE strategy





Summary of Ghana Prevalence Study Conducted in the Upper West Region (UWR) and the Northern Region (NR)

PREVALENCE OF TFTI & TT - NR

DISTRICT	% TFTI	% TT
(TOTAL POP.)	(1-10 YEARS)	>40 YEARS
SAVELUGO	9.7	4.5
(112,200)	9.1	4.3
TAMALE	4.7	4.9
(456,000)	4.7	4.9
TOLON/KUMBUNGU	12.4	8.4
(221,700)	12.4	6.4

Source: Prevalence Study, 1999

PREVALENCE OF TFTI & TT – UWR

DISTRICT	% TFTI	% TT
(TOTAL POP.)	(1-10 YEARS)	>40 YEARS
SISSALA (127,000)	11.5	1.6
WA (173,000)	16.1	2.6

Source: Prevalence Study, 1999

Line listing of selected communities with known active trachoma in Wa and Sissala districts (Upper West Region) in descending order of prevalence of infection

EYE SURGE RY													
00													
	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Z
	0	0	0	0	0	0	0	0	0	0	0	0	0
	50.9	83.3	48.3	73.3	86.1	75	35.5	59	9.08	58.7	77.1	30.8	88.6
	Z	Z	Z	Z	Z	Z	Z	Z	Z	Z	Z	Z	Z
	405	258	974	1,097	255		1,007	2,009	909	759	120	313	467
	0	0	0	7.4	4.5	7.7	0	0	0	0	0	0	0
	64.4	42.9	32.5	31.4	30.5	25	23.5	22.5	22.2	21.7	20.8	20.5	19.5
	WA	WA	WA	WA	WA	WA	WA	WA	SISSALA	WA	WA	WA	WA
	WECHIAU	GURUNGU	WECHIAU	WECHIAU	POYENTA	FUNSI	GURUNGU	GURUNGU	NABULO	WECHIAU	NOBOT	GURUNGU	HOLUMUN
	TUOLE	ANYORAYI	DARIGUOYIRI	PONYAHIRH	TENDOMO	TINABELLE	MOTORI	GURUNGU	DO	KANTU	BULEZU	BAWAJON	GRUNBELLE

TF and TI reported in children age <10 years TT reported in women age 15 years and above Health e

Face Washing and Environment

Based on the results of the 1996 KAP survey conducted in the Koulikoro Region, health education materials (flip chart and audiocassette) were developed for all aspects of SAFE. The second KAP survey, done with support from The Carter Center in 2000, focused on hygiene and health seeking behaviors, as well as environmental sanitation practices. This survey was followed by a national IEC planning workshop in December 2000 that produced a conceptual framework for new IEC material development. The national TCP also included a trachoma component in the national school health program developed with support from HKW, the Gates Foundation, and Save the Children.

Surgery

The number of trichiasis surgeries in Mali has increased from 1,500 operations in 1999 to 2,500 operations in 2000. The Malian Ministry of Health staff performed 2,000 of the operations, while IOTA performed the additional 500 surgeries. The team responsible for conducting the operations consisted of 16 specialized nurses and 4 regional ophthalmologists. An additional 22 trichiasis operators were trained in 2000, but are not yet participating in a functional capacity. There are now some 100 regular nurses with training in TT surgery who are expected to do far less eye surgery than the specialized nurses. Twenty additional surgical kits were purchased and distributed last year.

Antibiotics

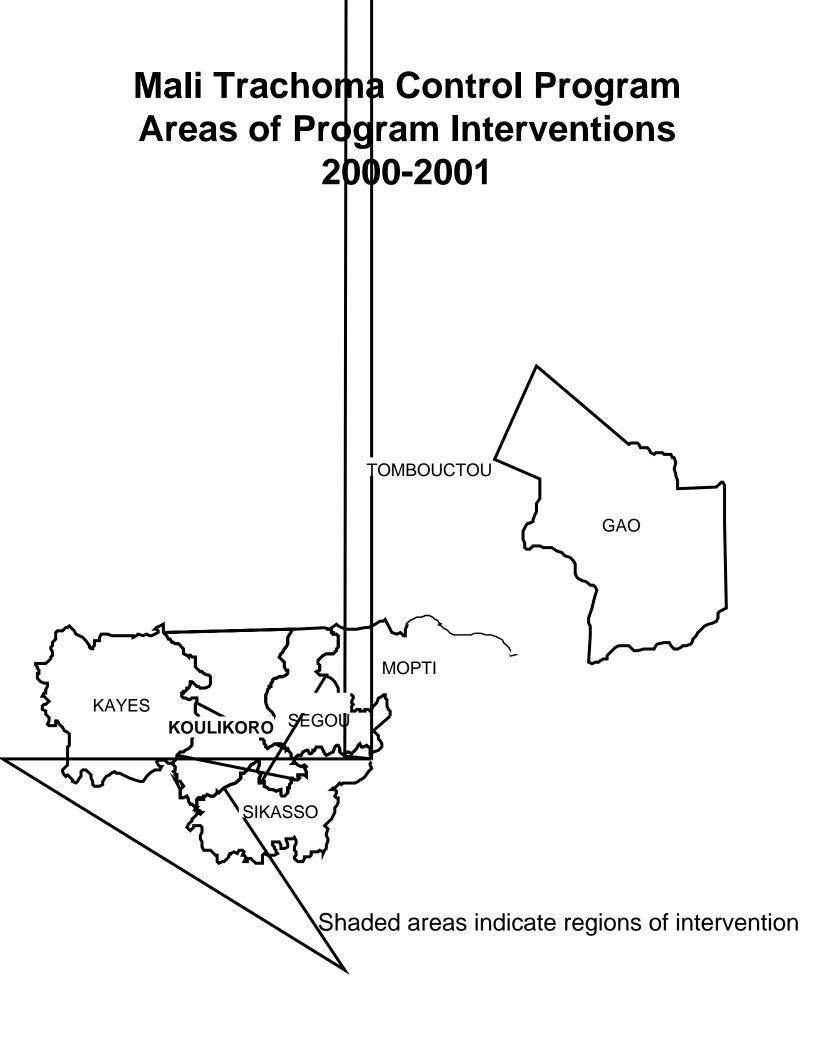
The national TCP proposed an antibiotic distribution strategy for the Koulikoro Region. Based on epidemiological, political, cultural, and logistical factors 200,000 women and children were targeted to receive oral antibiotic treatment in order to reduce the prevalence of active trachoma in the area. From January 15 through February 28, 2001, approximately 200,000 doses of Zithromax and 25,000 tubes of tetracycline ointment were distributed in 401 villages in Koulikoro. Contributing to the success of the distribution campaign was the national program's ability to establish a community-based distribution system using the pre-existing network of ivermectin community-based distributors for onchocerciasis control.

The MOH procured 307,067 tubes of tetracycline ointment from a primary supplier in Mali for ongoing treatment of trachoma patients.

Monitoring and Evaluation

Essential to the monitoring of program activities was the finalization of an action plan including benchmarks. This occurred during a national TCP monitoring and evaluation workshop that took place in July 2000 with the support of The Carter Center. Comparison of this action plan with collected field data and activities accomplished will be the backbone of the monitoring and evaluation conceptual framework. Quarterly collection of the number of trichiasis operations performed; tubes of tetracycline purchased; and the number of village- and health center-level persons trained in the SAFE strategy will serve as monitoring indicators.

The national TCP's ability to promote healthy behavior and reduce the prevalence of trachoma in the population will be evaluated through annual surveys. The annual evaluation will measure trachoma prevalence, behavior change (through KAP surveys), and changes in the environment.



	Prevalence of TF/TI	Prevalence of TT	
	(children 0 -10 years)	(women > 15 years)	
Kayes	42.50%	3.30%	17,500
Koulikoro	33.50%	3.90%	23,000
Sikasso	31.70%	2.90%	19,000
Ségou	23.10%	1.80%	12,000
Mopti	44.10%	1.70%	10,500
Tombouctou	31.70%	1.20%	2,500
Gao-Kidal	46.20%	0.70%	1,200
Total	34.90%	2.50%	85,700

Source: preliminary results of the national trachoma survey, February 1996-May 1997, National Blindness Prevention Program and IOTA Presented February 26, 1998

Yemen Trachoma Control Program

This brief report was presented by Dr. Abdul-Hakeem Al Kohlani, General Director, National Center for Epidemiology and Disease Surveillance, Ministry of Health, Yemen. The Carter Center assistance to Yemen is funded by the Conrad N. Hilton Foundation.

Assessment

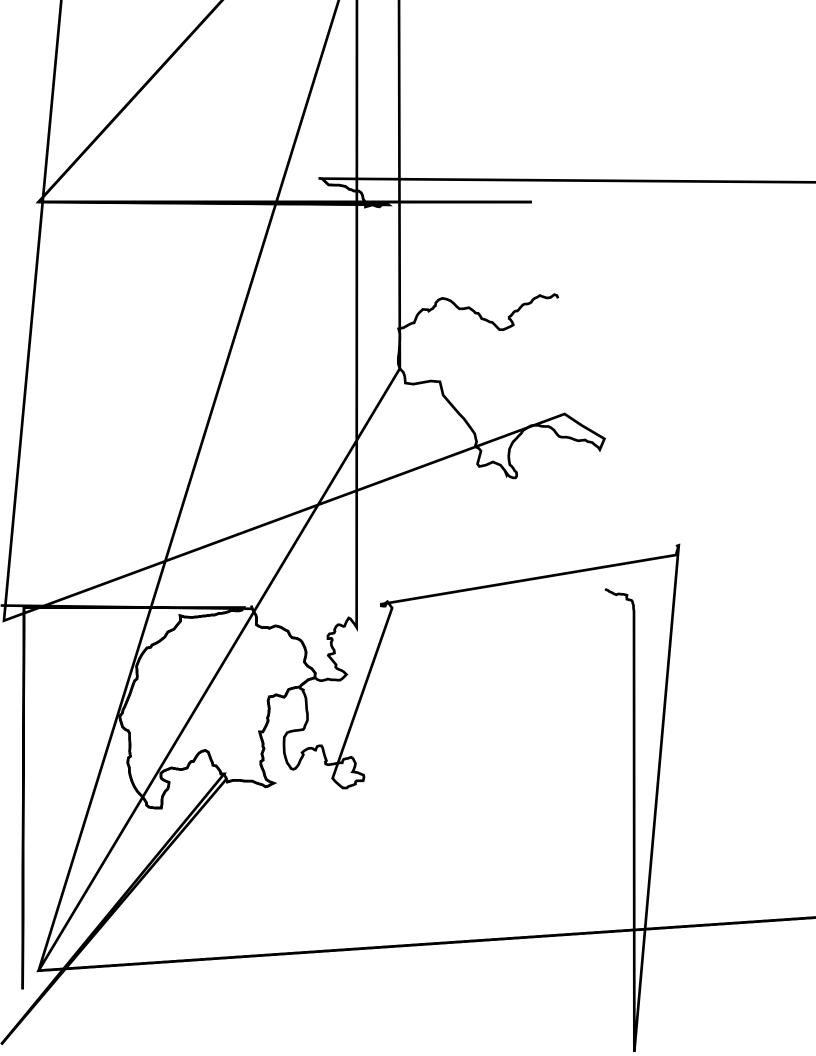
Nigeria Trachoma Control Program

Presented by Dr. Emmanuel Miri, Country Representative, The Carter Center, Nigeria. The Carter Center assistance to Nigeria for trachoma is supported by the Conrad N. Hilton Foundation.

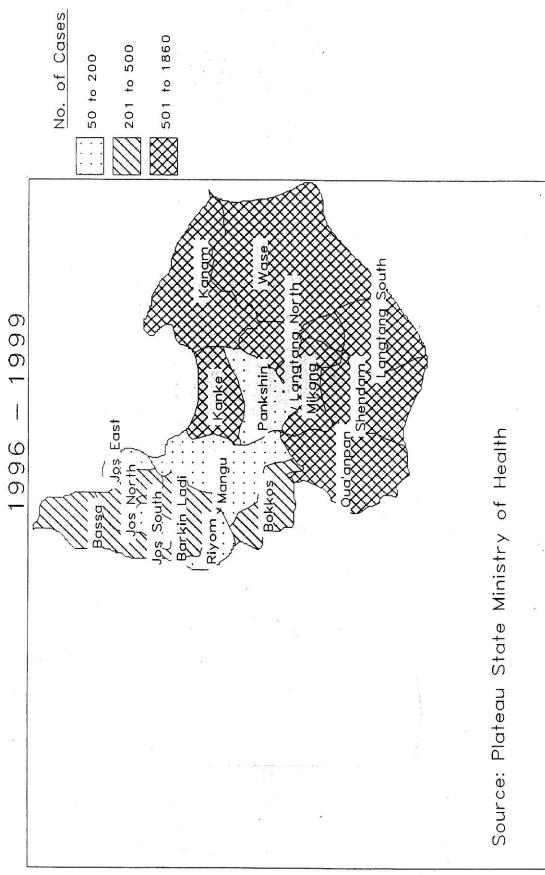
Assessment

A national trachoma prevalence survey has not yet been done in Nigeria. So far, the only known state-wide trachoma prevalence survey was conducted in 2000 by Helen Keller International and Borno state authorities, with the support of Dr. Abdou Amza, national coordinator from Niger. The Carter Center assisted by doing the data entry and analysis. This survey was restricted to Borno State only.

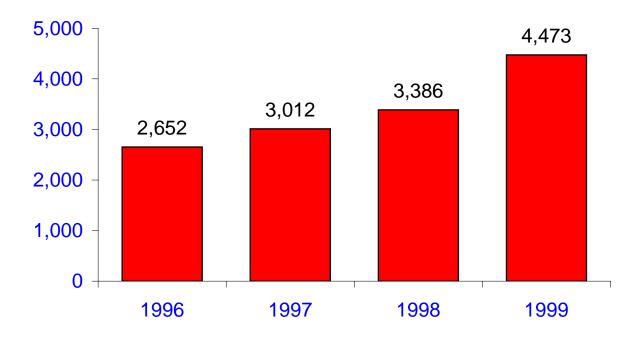
Program Structure



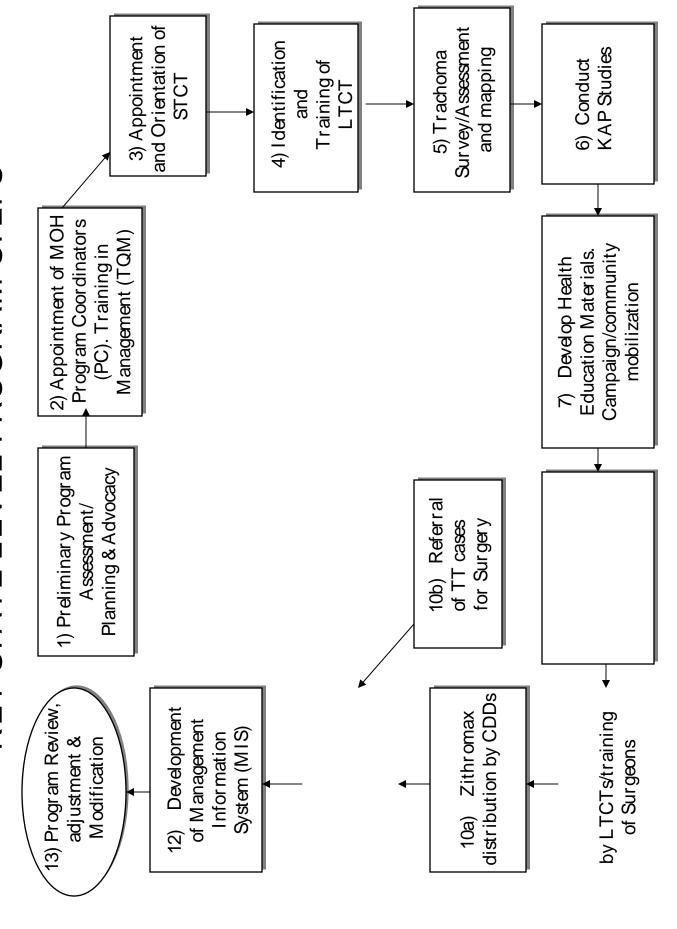
of Trachoma Among all the LGAs Map of Plateau State Showing The Distribution of Cases



Number of Reported Cases of Trachoma in Plateau State, 1996 - 1999



KEY STATE LEVEL PROGRAM STEPS



TIME LINE/ACTION PLAN, NIGERIA TRACHOMA: THE YEAR 2001

S/No Activities													
		Jan-01	Feb-01	1 Mar-01	-	Apr-01 May	May-01 J	Jun-01	Aug-01	Sep-01	Oct-01	Nov-01	Dec-01
1 Pre	Prelimary Program												
Ass	Assessment/Planning & Advocacy												
2 Ap	Appointment of MOH Program												
<u>Ö</u>	Coordinators (PC) Training in												
Ma	Management (TQM)												
3 Ap	Appointment and Orientation of STCT												
4 Ide	Identification and Training of LTCT												
5 Tra	Trachoma Survey/Assessment and												
ma	mapping												
e Co	Conduct KAP Studies												
7 De	Develop Health Education Materials.												
Cal	Campaing/community mobilization												
8 Ide	Identification of eligible communities												
and	and selection of CDDs/Trichiasis												
snr	surgeons												
9 Tra	Training of CDDs by LTCTs/training of												
snr	surgeons												
10a Zith	Zithromax distribution by CDDs												
10b Rei	10b Referral of TT cases for surgery												
11 Mo	Monitoring/supervision by												
	STCTs/LTCTs/PC												
12 De	Development of Management												
Info	Information System (MIS)												
13 Pro	Program Review, adjustment &												
Mo	Modification	=											

Reporting of cases

Community mobilization and health education of individuals should emphasize personal

Programs should share experiences in health education for trachoma, especially school health programs. HKW has found that even in communities in which only 30% of children attend school, school children are an important channel.

Messages on reporting of active trachoma and trichiasis cases should focus on provision of services, not surveillance (i.e., the purpose is to encourage patients to receive treatment, not only to be reported).

Clearly, we do not know as much as we would *like* to know about trachoma and its control, but we know enough to *act now* to make a significant impact on blinding trachoma.

Recommendations

National programs need to simplify health education messages and include all key health messages in their campaigns.

National programs need to identify ways of making health education messages for trachoma interesting, involving and entertaining to the audience.

National programs need to come to a consensus on which behaviors to promote for the E component of the SAFE strategy. These messages may vary depending on the community's cultural beliefs and customs.

National programs need to ensure that messages given are appropriate to the target community. Programs need to conduct preliminary research such as KAP studies and pre-test their messages with the target populations, then evaluate the impact on the population over time.

Because increased knowledge does not necessarily result in behavioral change, programs need to identify cultural and social barriers to change and address them in health education campaigns.

Surveillance

Presented by Dr. James Zingeser, trachoma program technical director, The Carter Center.

Introduction

In 1988, Drs. Steven Thacker and Ruth Berkelman of the CDC defined surveillance in the following concise statement:

Public health surveillance is the ongoing systematic collection, analysis, and interpretation of outcome-specific data for use in the planning, implementation, and evaluation of public health practice.

Surveillance, in this discussion, is not limited to monthly disease incidence reports. The CDC model of surveillance includes all sources of reliable outcome-specific data which can be used systematically to *plan*, *implement and evaluate* a program. For trachoma control programs, these data sources include annual evaluations, special investigations and long term studies, in addition to routine trachoma disease data. The CDC model also makes it clear that public health surveillance is done for *decision-making*, i.e., it is data for *action*. Surveillance data analysis gives managers the information they need to make informed and intelligent decisions on how to run health programs. The response to surveillance data may be rapid (e.g., in case of an explosive epidemic), or long term (e.g., studying seasonal increases in TF/TI cases). Ongoing routine surveillance data are invaluable for helping health care professionals to understand trachoma better, as the environment and population change over time.

When surveillance information is used to help <u>others</u> understand trachoma control better, it becomes an invaluable tool for advocacy. Medical directors, governmental ministers and even heads of state are impressed by well organized and clearly presented epidemiological information. A powerful form of public health advocacy begins with data which documents high rates of trachoma and blindness in a population. Surveillance will also be useful in documenting and explaining the success of (or challenges to) the national program by tracking decreases in blinding trachoma. Compelling advocacy of this type requires a surveillance system with a reputation for integrity, accuracy and reliability.

Surveillance systems should be accurate and reliable, but they do not need to be extremely complicated to be useful. In fact, striving to be too precise or detailed may handicap a te()TJ-34.8275 -1.125 TD0.0013 Tc-0.0013 Tw[by(g)41.800d, rou(t)-13.7hineseind (e)-14.4(e)-14.4dbraTiene ce(i)42.1(v)14.3(e)-0.2eda (g)56(r)14eat(d)14.3(g)41.5((l)42.1(o)14.3(f)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(o)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(fr)14(a)-0.2vn)14.3(r)14(f

- 3. Villages having health education sessions
- 4. Villages with complete filter coverage
- 5. Villages having regular vector control
- 6. Villages with safe water supply
- 7. Villages with integrated disease control activities

Every month, trained supervisors visit villages to collect data and work with Guinea worm volunteers. A good monthly visit includes data verification, observation of health education sessions, filter distribution, and feedback. This system is deceptively simple, because in reality, it takes a great deal of time and care to maintain reliable data collection. This has been recognized at all levels of the health system, and the GWEP has received praise from regional health directors, secretary generals and several ministers of health for having Niger's "only program with reliable data every month." Surveillance information has also proved to be very useful in advocating for funding in Niger, because donors are impressed by the carefully measured outcomes of the program. For example, when the Ministry of Water was asked by the Japanese Government to propose areas for drilling new borehole wells, they used GWEP data to identify villages in need of safe water. Surveillance data not only convinced the Japanese to fund the project, but provided reliable documentation of the impact of the project by showing the decrease in Guinea worm cases after safe water was provided.

Can trachoma control programs achieve similar success? Yes, and our challenge now is to identify simple, reliable indicators for all aspects of the SAFE strategy and begin using them on a large enough scale that they can be evaluated and improved upon with time. Diagnosis of active trachoma (TF/TI) has posed a challenge to several programs. Concerned with the difficulties of training village volunteers to flip eyelids to diagnose TF/TI, and the possibility of accidental transmission of trachoma by non-medical workers, the trachoma control programs of Mali and Niger are considering surrogate indicators for active trachoma which do not rely on direct contact with infected eyes. Some surrogate indicators being considered are:

Conjunctivitis

Scleritis (red eye)

Swelling of eyelids

Tubes of tetracycline dispensed

Ocular and/or nasal discharge

In a recent study in Niger, only ocular and/or nasal discharge correlated with TF/TI diagnosed by an ophthalmologist. More study and experience are needed to clarify which indicators work best.

Possible surveillance models being considered by programs include:

Village-based

Facility-based

Sentinel surveillance (sentinel villages or health facilities)

Semiannual or annual prevalence surveys

Because we believe that most trachoma patients do not go to health facilities for treatment, facility-based surveillance may underestimate the prevalence of the disease. The observation that trachoma is not evenly distributed geographically suggests that the choice of representative sentinel sites will be difficult. This quick analysis suggests that we may need to develop village-based surveillance or periodic prevalence surveys. Either of these models can be augmented by complementary data collected by sentinel surveillance in carefully chosen sites. The choice of

surveillance	model	for	each	national	program	will	be	based	on	the	resources	and	data	needs o	f

Summary Tables Trachoma Control Program Status

Trachoma Control Program Review 2001 Prevalence Data of Trachoma

		Population of					
	Total	Area of	National Prevalence	valence	District Prevalence	/alence	
Country	Population	Intervention	TF/TI	ш	IL/4T	TT	Notes
Mali	10,000,000		32%	2.50%	I	I	TF/TI for < 10yrs
			(1,350,000)	(85,700)			TT for woman >15yrs
							Prevalence Data collected in four
Ethiopia	61,000,000	1,009,327	ı	I	ı	I	districts and analysis is underway
							TRA in one district
Ghana	18,000,000	1,089,900	I	I	Sissala - 11.5%	1.6%	TRA in two regions
				_	Wa - 16.1%	2.6%	
					Savelugn - 9.7%	4.5%	
					Tamale - 4.7%	4.9%	
					Tolon - 12.4%	8.7%	
Sudan	30,000,000		I	I	Malakal - 45%	10%	TF/TI for 1-10yrs; TT for women > 30yrs
					Halfa - 47%	2.40%	National prevalence is underway
Niger	10,000,000		38%	1.40%	-	I	
			(1,321,468)	(68,299)			TT for women >=15yrs
Nigeria			I	I	I	I	Study planned in 2002
Yemen			ı	ı		I	National Prevalence Data collection
							and analysis is underway

- No Data

Summary of Trachoma Control Interventions - SAFE strategy

я В	Ghana	Mali	Niger	Sudan (GOS)	Sudan (OLS)	Ethiopia		Yemen
Health Education	z		>	· ` >	z	z	z	z
Availability of latrines			Few	>-	z	Z		
Water Provision	z		Few	>-	z	z	Z	z
Antibiotics								
Azithromycin								
Treatment (2000)	0	200,000	0	12,734	•			,

APPENDIX I: The Disease

APPENDIX II: Program Review Agenda

Thursday, March 1, 2001

8:00 - 8:30	Welcome and introductory remarks	Dr. Donald Hopkins Dr. James Zingeser
	Sudan	
8:30 - 9:15	Sudan Presentation	Prof. M. Homeida
9:15 - 10:15	Discussion/recommendations	Ms. Kelly Callahan Dr. James Zingeser
10:15 - 10:30	Coffee Break/Ivan Allen Foyer	
	Ethiopia	
10:30 - 11:00	Ethiopia Presentation	Dr. Tewodros Assefa
11:00 - 12:00	Discussion/recommendations	Dr. James Zingeser
12:00 - 1:00	Lunch in Ivan Allen Foyer (Group photo)	
	Niger	
1:00 - 1:30	Niger presentation	Mr. Salissou Kane
1:30 - 2:30	Discussion/recommendations	Dr. James Zingeser
2:30 – 3:00	Coffee Break/Ivan Allen Foyer	
	Health Education	
3:00 – 5:00	Discussion: Health Education	Ms. Misrak Makonnen
	Friday, March 2, 2001	
	Ghana	
8:00 - 8:30	Ghana presentation	Dr. Maria Hagan
8:30 - 9:45	Discussion/recommendations	Dr. James Zingeser
	Mali	
9:45 - 10:15	Mali presentation	Dr. Sidi M. Coulibaly
10:15 - 10:45	Coffee Break/Ivan Allen Foyer	D 1 7'
10:45 - 12:00	Discussion/recommendations	Dr. James Zingeser
12:00 - 1:00	Lunch in Ivan Allen Foyer	
100 115	Yemen	
1:00 – 1:15	Yemen presentation	Dr. Abdul Al-Kohlani
1:15 – 1:45	Discussions/recommendations	Dr. James Zingeser
	Nigeria	
1: 45 – 2:00	Nigeria presentation	Dr. Emmanuel Miri
2:00 – 2:30	Discussions/recommendations	Dr. James Zingeser

APPENDIX III: List of Participants

EthiopiaDr. Tewodros Assefa

Mr. Teshome Gebre (Carter Center)

Ghana

Dr. Maria Hagan Dr. Daniel Yayemain

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